

BASKETBALL WORLD™

SHOOT IT BETTER Mini Camp

Improve Shooting ... And Much More!



1. Learn the breakthrough mental training techniques of positive self-talk, relaxation, visualization, concentration and goal setting that enhance confidence.
2. Develop a better understanding of your shot - the "feel" and reaction of the ball on the rim. Receive slight adjustments in individual shooting mechanics and key words that improve confidence, rhythm and range.
3. Become your own best teacher. Use personalized drills to practice correctly and gain the shooter's "feel." If you lose it, know exactly what to do to get it back.
4. Learn how to transfer the mental techniques for shooting to other parts of your game and to team and personal goals.



Paul Wissel is Director of Camps and Clinics for Basketball World. As Director of Camps and Clinics, Paul organizes and conducts Basketball World Camps and SHOOT IT BETTER Mini Camps worldwide for players ranging from youth level to NBA. Paul has worked as an NBA Advance Scout for the Toronto Raptors, Boston Celtics, Denver Nuggets, Atlanta Hawks and Seattle SuperSonics.



Dr. Hal Wissel is well known for his ability to develop the individual player. Coach Wissel founded Basketball World, an instructional venture featuring camps, clinics, books, and videos. Hal Wissel has been an NBA assistant with Atlanta, Golden State, Memphis and New Jersey. Hal was also Director of Player Personnel for the Nets. As a college head coach, Wissel's teams compiled over 300 victories. Wissel coached Florida Southern to the 1981 Division II NCAA Championship. Coach Wissel was named NABC National Coach of the Year in 1980.

Mini Camp Schedule

Confidence & Rhythm
 Positive Self-Talk & Key Words
 Goal Setting
 Shooting Warm-up
 Correcting a Missed Shot
 Lead-up & Challenge Drills
 Jump Shot
 Shooting Off Pass
 Developing a Quick Release
 Shooting Off Screens
 Shooting Off Dribble
 Lay-ups & Runners
 Hook Shot
 Post-up Moves
 One-on-One Moves
 Free Throw - Eyes Closed
 Mental Practice
 Free Throw Competition
 Shoot-Out Competition

"Hal, Scott and Paul Wissel ignite the spirit for improvement. They have the ability to crystallize situations, and then select the correct teaching technique in order to achieve maximum success." - **Hubie Brown**, NBA Analyst, ABC, ESPN, NBA TV Two-time NBA Coach of the Year, Basketball Hall of Fame

www.basketballworld.com

coach@basketballworld.com

888-812-5452

SHOOT IT BETTER Mini Camp - 4 Hours	
SITE: First Baptist Church, 50 Parker Street, East Longmeadow, MA 01028	
CONTACT: Basketball World, 860-668-7162 coach@basketballworld.com	
<u>DAYS</u>	<u>HOURS</u>
Friday November 10, 2017	11:00am - 3:00pm
COST: \$125	Enrollment: Limited to 36 players <i>ages 10 and above</i>

CUT HERE AND RETURN THE APPLICATION BELOW

SHOOT IT BETTER Mini Camp Application

November 10, 2017

Name:	Site: First Baptist Church, E. Longmeadow, MA 01028		
Street:	Cost: \$125		
City:	State:	Zip:	Total Enclosed:
Age:	Height:	Weight:	Check Payable to: Basketball World
School or Team:	Grade:		Mail to: Basketball World 955 Russell Ave Suffield, CT 06078
Parent's Name:	Phone: 860-668-7162 or 888-812-5452		
Home Phone:	Cell Phone:		Email: coach@basketballworld.com
Email:			

I certify that the applicant is in good health and may participate in physical activity associated with the camp's vigorous athletic program, without limitation(s). The director of the camp has my permission to arrange for and provide medical care in the event the applicant is injured or disabled. I will be financially responsible for all medical care expenses of the applicant while at the camp, or as a result of the applicant's participation in the camp.

Parent's Signature:

Date: