

# BASKETBALL WORLD™

## SHOOT IT BETTER Mini Camp

Improve Shooting ... And Much More!



1. Learn the breakthrough mental training techniques of positive self-talk, relaxation, visualization, concentration and goal setting that enhance confidence.
2. Develop a better understanding of your shot - the "feel" and reaction of the ball on the rim. Receive slight adjustments in individual shooting mechanics and key words that improve confidence, rhythm and range.
3. Become your own best teacher. Use personalized drills to practice correctly and gain the shooter's "feel." If you lose it, know exactly what to do to get it back.
4. Learn how to transfer the mental techniques for shooting to other parts of your game and to team and personal goals.



**Dr. Hal Wissel** is well known for his ability to develop the individual player. Coach Wissel founded Basketball World, an instructional venture featuring camps, clinics, books, and videos. Hal Wissel has been an NBA assistant with Atlanta, Golden State, Memphis and New Jersey. Hal was also Director of Player Personnel for the Nets. As a college head coach, Wissel's teams compiled over 300 victories. Wissel coached Florida Southern to the 1981 Division II NCAA Championship. Coach Wissel was named NABC National Coach of the Year in 1980.



**Paul Wissel** is Director of Camps and Clinics for Basketball World. As Director of Camps and Clinics, Paul organizes and conducts Basketball World Camps and SHOOT IT BETTER Mini Camps worldwide for players ranging from youth level to NBA. Paul has worked as an NBA Advance Scout for the Toronto Raptors, Boston Celtics, Denver Nuggets, Atlanta Hawks and Seattle SuperSonics.

### Mini Camp Schedule

Confidence & Rhythm  
Positive Self-Talk & Key Words  
Goal Setting  
Shooting Warm-up  
Correcting a Missed Shot  
Lead-up & Challenge Drills  
Jump Shot  
Shooting Off Pass  
Developing a Quick Release  
Shooting Off Screens  
Shooting Off Dribble  
Lay-ups & Runners  
Hook Shot  
Post-up Moves  
One-on-One Moves  
Free Throw - Eyes Closed  
Mental Practice  
Free Throw Competition  
Shoot-Out Competition

"Hal, Scott and Paul Wissel ignite the spirit for improvement. They have the ability to crystallize situations, and then select the correct teaching technique in order to achieve maximum success." - **Hubie Brown**, NBA Analyst, ABC, ESPN, NBA TV Two-time NBA Coach of the Year, Basketball Hall of Fame

[www.basketballworld.com](http://www.basketballworld.com)

[coach@basketballworld.com](mailto:coach@basketballworld.com)

888-812-5452

<b>SHOOT IT BETTER Mini Camp - 4 Hours</b>	
<b>SITE:</b> Sacred Heart High School, 34 Convent Ave, Yonkers, NY 10703	
<b>CONTACT:</b> Basketball World, 860-668-7162 or 888-812-5452	
<b>DAY</b> Wednesday, May 10, 2017	<b>HOURS</b> 5:30pm - 9:30pm
<b>COST:</b> \$125	<b>Enrollment:</b> Limited to 24 players, ages 10 and above

CUT HERE AND RETURN THE APPLICATION BELOW

### SHOOT IT BETTER Mini Camp Application

<b>Name:</b>	<b>Site:</b> Sacred Heart High School, Yonkers, NY 10703		
<b>Street:</b>	<b>Cost:</b> \$125		
<b>City:</b>	<b>State:</b>	<b>Zip:</b>	<b>Total Enclosed:</b>
<b>Age:</b>	<b>Height:</b>	<b>Weight:</b>	<b>Check Payable to:</b> Basketball World
<b>School or Team:</b>	<b>Grade:</b>		<b>Mail to:</b> Basketball World 955 Russell Ave Suffield, CT 06078
<b>Parent's Name:</b>	<b>Phone:</b> 860-668-7162 or 888-812-5452		
<b>Home Phone:</b>	<b>Cell Phone:</b>	<b>Email:</b> <a href="mailto:coach@basketballworld.com">coach@basketballworld.com</a>	
<b>Email:</b>			

I certify that the applicant is in good health and may participate in physical activity associated with the camp's vigorous athletic program, without limitation(s). The director of the camp has my permission to arrange for and provide medical care in the event the applicant is injured or disabled. I will be financially responsible for all medical care expenses of the applicant while at the camp, or as a result of the applicant's participation in the camp.

**Parent's Signature:**

**Date:**