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***Basketball:
 Steps to Success,
 Third Edition***

Hal Wissel

"Hal Wissel demonstrates to the world why he is recognized as one of America's top-rated basketball clinicians. This book is a must-read for players and coaches at all levels of play."

Hubie Brown — Basketball Hall of Fame, two-time NBA Coach of the Year, NBA Analyst for ESPN, ABC and NBA TV

"Hal Wissel is an outstanding teacher and has many years of experience coaching and scouting in the NBA. He knows what he's talking and writing about. This book will help players improve and help coaches teach."

Phil Jackson — Basketball Hall of Fame, 11-time NBA Champion coach

"Hal Wissel shows you ways to build your own confidence. Coach Wissel helped me understand my own shot and become my own best coach."

Pau Gasol — Player Los Angeles Lakers, NBA All-Star

"Hal Wissel's personalized teaching helped me improve my free-throw shooting, three-point shooting, and post-up ability."

Dale Ellis — Former NBA All-Star, ranks fifth in NBA career three-point shots made, career .403 three-point percentage

"Hal Wissel helped me improve my field-goal percentage and three-point percentage, and his training led to my shooting over 40 percent on three-pointers for four consecutive seasons."

Mike Miller — Miami Heat, Former USA National Team Member

Learning and teaching basketball skills and tactics can be challenging. Executing them in competition can be troubling. Mastering them can be a career-long quest.

performance of the skill or tactic efficient and effective. Check!

Is it possible that a single book can provide all the instruction you need to conquer these basketball roadblocks? First you must know exactly how the skill or tactic is properly performed. Check! Then you need to attempt it again and again, with corrective advice through those trials until you get it right. Check! Next comes practice. Lots of practice, with drills designed to make

In *Basketball: Steps to Success*, Coach Hal Wissel covers the entire progression of technical

***Includes
 new drills
 and teaching
 points.***

and tactical development needed to become a complete player. From essential footwork to key principles of defense, this guide details the skills and tactics needed to excel in today's game.

Shooting off the catch and creating shots off the dribble, running two- and three-player offensive plays, and many more topics in the book will prepare players to succeed in every situation on the court.

Contents

- Step 1 Footwork
- Step 2 Passing and Catching
- Step 3 Dribbling
- Step 4 Shooting
- Step 5 Shooting off the Catch
- Step 6 Creating Your Shot off the Dribble

- Step 7 Scoring in the Post
- Step 8 Rebounding
- Step 9 Fast Break
- Step 10 Two- and Three-Man Plays
- Step 11 Team Offense
- Step 12 Team Defense

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